

# ST. LUKE'S MEDICAL CLINIC

## PATIENT HISTORY & PHYSICAL

DATE: \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

**FAMILY HISTORY: IF ANY BLOOD RELATIVE HAS SUFFERED ANY OF THE FOLLOWING – PLEASE CIRCLE THE NUMBER & INDICATE WHICH RELATIVE**

1) Epilepsy	6) Hay fever	11) Arthritis	16) Cancer	
2) Migraine	7) Asthma	12) Heart disease		
3) Glaucoma	8) Anemia	13) Stroke		
4) Diabetes	9) Bleeding disorder	14) Hypertension		
5) Thyroid disease	10) Osteoporosis	15) Lipid disorder		
HOSPITAL	YEAR	ILLNESS OR OPERATION	YEAR	ILLNESS OR OPERATION
ADMISSIONS				
not including				
pregnancies				
LIST ALL MEDICATIONS YOU ARE TAKING		ALLERGIES	VACCINE YR OF LAST	VACCINE YR OF LAST
			Tetanus/Td	Tdap:
		SUPPLEMENTS	Flu	Tetanus
			Pneumonia	Diphtheria
			Hepatitis B	Whooping C
			Hepatitis A	MMR:
			Meningitis	Red Measles
			Chicken Pox	Mumps
				Measles

**MEDICAL HISTORY: FROM THE LIST BELOW, PLEASE CIRCLE ANY CURRENT PROBLEMS YOU ARE EXPERIENCING AND INDICATE AGE WHEN YOU HAD ANY OF THE FOLLOWING SYMPTOMS OR DISEASE.**

**MAIN PROBLEM FOR TODAY'S VISIT:** \_\_\_\_\_

<ul style="list-style-type: none"> <li>*Hearing problems</li> <li>*Ringing in ear</li> <li>*Dizzy spells      * Fainting spells</li> <li>*Vision problems   * Eye pain Date of last eye exam _____</li> <li>* Nose bleeds      * Sinsus trouble</li> <li>* Sore throats – <i>frequent</i></li> <li>* Hoarseness – <i>prolonged</i></li> <li>* Hayfever / Allergies</li> <li>* Pneumonia / Pleurisy</li> <li>* Bronchitis / Chronic cough</li> <li>* Asthma / Wheezing Date of last TB test _____</li> <li>* Shortness of breath * on exertion   * lying flat * in the past week * affects work lifestyle</li> <li>* Chest pain   * High blood pressure Date of last cholesterol test _____</li> <li>* Heart murmur   * Swollen Ankles</li> <li>* Irregular pulse   * Palpitations</li> <li>* Leg pain      * Cold numb feet</li> <li>* Varicose veins / Phlebitis</li> <li>* Appetite      * Difficulty swallowing * loss      * gain</li> </ul>	<ul style="list-style-type: none"> <li>* Heartburn      * Peptic ulcer</li> <li>* Aspirin – arthritis – pain pills</li> <li>* Nausea / vomiting   * Gallblader dis</li> <li>* Jaundice / Hepatitis</li> <li>* Diarrhea      * Constipation</li> <li>* Diverticulosis   * Crohn's / Colitis</li> <li>* Bloody or tarry stools</li> <li>* Test for blood in stool</li> <li>* Hemorrhoids      * Hernia</li> <li>Urination – Overactive bladder</li> <li>* Overnight &gt; than twice</li> <li>* More than 8 times / 24 hrs.</li> <li>* Urgency to urinate   * with leakage</li> <li>* Decrease in force/flow   * Painful</li> <li>* Stress incontinence-urine leakage with exercise / movement</li> <li>* Blood in urine      * Kidney stones</li> <li>* Urine infections   * Prostate prob</li> <li>* Bed wetting</li> <li>* Weight-loss      * gain</li> <li>* Anemia      * Bruise easily</li> <li>* Cancer      * Fatigue / loss of energy</li> <li>* Diabetes      * Thyroid disease</li> </ul>	<ul style="list-style-type: none"> <li>* Arthritis/Rheumatism   * Back pain</li> <li>* Bone fracture / joint inquiry</li> <li>* Osteoporosis      * Gout</li> <li>* Rashes      * Hives</li> <li>* Psoriasis      * Eczema</li> <li>* Seizures      * Stroke</li> <li>* Tremor/hands      * Numbness</li> <li>* Headaches      * Memory loss</li> <li>* Depression</li> <li>* Decreased life enjoyment</li> <li>* Decreased work performance</li> <li>* Sleep problems for how long ____ how often ____ sleeping - * too little   * too much * waking refreshed</li> <li>* Concentration problems</li> <li>* Thoughts of – death * suicide</li> <li>* Anxiety   * Mood swings   * Phobias</li> <li>* Vague aches and pains</li> <li>* Mental illness</li> <li>* Sexual problems/ enjoyment</li> <li>* Rheumatic fever      * Measles</li> <li>* Chicken pox      * Polio      * Mumps</li> </ul>	<ul style="list-style-type: none"> <li>* Tuberculosis      * German measles</li> <li>* Herpes      * Aids / HIV      * STD</li> <li>* Alcohol _____ oz. per week</li> <li>* Coffee / Tea _____ cups per day</li> <li>* Smoking – cig/day _____ # years year quit _____</li> <li>* Hair loss: * Progressive   * Recent</li> <li>* Exercise _____</li> <li>* Street Drugs _____</li> </ul> <p><b>FEMALES – Please complete</b></p> <p><b>Menstrual flow:</b></p> <p>* Reg.      * Irreg.      * Pain / Cramps</p> <p>Days of flow ____ Length of cycle ____ Date – 1<sup>st</sup> day of last period _____</p> <p>* Pain / Bleeding during or after sex</p> <p>Number of: Pregnancies ____ Abortions ____ Miscarriages ____ Live births ____</p> <p>Birth control method _____</p> <p>* Flushing / Menopause</p> <p>Date of last PAP test _____ * Normal      * Abnormal</p> <p>Date of last mammogram _____ * Normal      * Abnormal</p>
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